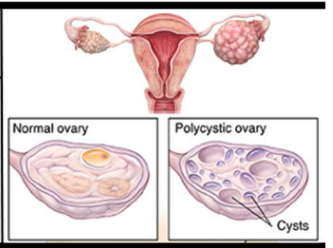
	PREMENSTRUAL SYNDROME: : HOMEOPATHIC APPROACH		
	DR. RONAK SHAH'S DIVINE HOMEOPATHY Restoring Vitality SINCE 1991 M.D.(HOM.)	It correct the hormonal imbalance & neutralize its negative effects. The cysts dissolve gradually. The menstrual cycle gets regularized. Other complaints, including acne and hair growth on the face, are also taken care of. It opens the possibility of becoming fertile in the future for women to bear pregnancy.	

POLYCYSTIC OVARIAN DISEASE (PCOD): HOMEOPATHIC APPROACH

Today, Polycystic Ovarian Disease (PCOD) is one of the widely present ailments among the females of the reproductive age group. Ovaries are female reproductive organs situated in the pelvis, next to the uterus. They produce and release eggs for fertilisation (which develop from follicles) and are released into the uterus once a month. In those suffering from PCOD, more than the usual number of follicles (fluid-filled cysts) develop each month, but none of them mature to release an egg. Over many months as the ovum is not thrown out with menses, it remains in the ovaries and fluid collection starts around it, which turns into cysts. These cysts are benign (non-cancerous).

Causes PCOD?

PCOS problems are caused by hormone changes the **hormonal imbalance**.

- Raised levels of Testosterone or Luteinising Hormone (LH) or Prolactin
- low levels of Sex Hormone-Binding Globulin (SHBG)
- High levels of Insulin
- A significant hereditary component, if your mother or sister has PCOS, you're more likely to have it.
- If you're overweight, your chances of developing it are greater. As weight gain increases insulin resistance. Fatty tissues are hormonally active and they produce estrogen which disrupts ovulation.

Signs and Symptoms of PCOD

Irregular or absence of menses, Weight gain, Hirsutism (excessive hair growth on face and body), Acne, Difficulties in conception (Infertility), Thinning of scalp hair, Black pigmentation around the neck, folds of skin, knuckles, elbows, below the breast, and groins.

Patients with PCOD are at a higher risk of developing,

High blood pressure, Diabetes, High levels of cholesterol and triglycerides make them more vulnerable to heart problems, Uterine cancer, Early miscarriage and Mental depression due to unwanted hair growth on the face and infertility

Homeopathic Treatment Of PCOD

Homeopathy can be a boon to patients having PCOD. Homeopathy tries to restore the balance of vitality.

- Homeopathic medicines correct the hormonal imbalance & neutralize its negative effects.
- The cysts dissolve gradually and can be checked in the next follow-up after 3-6 months of starting the treatment, by repeating the USG pelvis.
- The menstrual cycle gets regularized. Other complaints, including acne and hair growth on the face, are also taken care of.
- It opens the possibility of becoming fertile in the future for women to bear pregnancy.
- The complete cure of PCOS is a time-consuming process that can take several months. It requires complete observation regarding the change of symptoms in the patient and frequent clinical follow-ups.

Homeopathic Medicines for PCOS are PULSATILLA, SEPIA, THUJA, CALCAREA CARB, APIS, LACHESIS, LYCOPodium, PHOSPHORUS, KALI CARB. Etc.